PEQ\_Spiritual\_1   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
1. You have an increased sense of reverence.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_2 2. You have a decreased sense of reverence.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_3   
3. Your appreciation for the whole of creation has decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_4 4. Your appreciation for the whole of creation has increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_5   
5. Time spent in quiet meditation or prayer has decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_6 6. Time spent in quiet meditation or prayer has increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_7   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
7. You have more of a sense of the preciousness of life.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_8 8. You have less of a sense of the preciousness of life.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_9   
   
9. You experience profound sacredness less frequently.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_10 10. You experience profound sacredness more frequently.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_11   
   
11. You now believe less in some form of continuance after death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_12 12. You now believe more in some form of continuance after death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_13   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.    
  
 13. You are less apprehensive about your own death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_14 14. You are more apprehensive about your own death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_15   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
15. You place less importance in your spiritual and/or religious understandings.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_16 16. You place more importance in your spiritual and/or religious understandings.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_17   
   
17. Your experience of sacredness in daily life has decreased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_18 18. Your experience of sacredness in daily life has increased.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_19   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
19. You now experience a deeper sense of gratitude for life.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_20 20. You now experience a diminished sense of gratitude for life.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_21   
21. You have an increased sense of a personal relationship with the God of your understanding/ultimate reality/a higher power.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_22 22. You have a decreased sense of a personal relationship with the God of your understanding/ultimate reality/a higher power.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_23   
23. You feel more of a connection to the God of your understanding/ultimate reality/a higher power.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_24 24. You feel less of a connection to the God of your understanding/ultimate reality/a higher power.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_25   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
25. Spirituality has become a more central part of your life.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_26 26. Spirituality has become a less central part of your life.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_27   
   
27. Your prayers and/or meditations provide you with a diminished sense of emotional support.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_28 28. Your prayers and/or meditations provide you with a greater sense of emotional support.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_29   
   
29. You want more distance from the God of your understanding/ultimate reality/a higher power.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_30 30. You want to grow closer to the God of your understanding/ultimate reality/a higher power.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_31   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.    
  
 31. You feel more at home in the universe.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_32 32. You feel less at home in the universe.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_33   
   
33. You have a decreased sense that all of life is interconnected.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_34 34. You have an increased sense that all of life is interconnected.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_35   
   
35. You have an increased sense of an order to the universe that transcends human thinking.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_36 36. You have a decreased sense of an order to the universe that transcends human thinking.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_37   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
    
 37. You have an increased belief that there is a higher plane of consciousness or spirituality that binds all people.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_38 38. You have a decreased belief that there is a higher plane of consciousness or spirituality that binds all people.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_39   
   
39. You have a decreased feeling of an emotional bond with all of humanity.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_40 40. You have an increased feeling of an emotional bond with all of humanity.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_41   
   
41. You are more at home in the present moment.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_42 42. You are less at home in the present moment

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_43   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.    
   
 43. You experience increased emotional closeness to someone who has died.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_44   
   
   
44. You perceive life as more sacred.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_45 45. You perceive life as less sacred.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_46   
   
46. You feel more certain about a realm beyond time and space.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_47 47. You feel less certain about a realm beyond time and space.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_48   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.   
     
48. You feel less certain about the reality of the spiritual dimension of consciousness.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_49 49. You feel more certain about the reality of the spiritual dimension of consciousness.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_50   
   
50. You feel less certain about the reality of unconditional love (also sometimes called divine love, metta, relative bodhicitta, agape, or grace).

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_51 51. You feel more certain about the reality of unconditional love (also sometimes called divine love, metta, relative bodhicitta, agape, or grace).

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_52   
   
52. You feel more certain about the intrinsic worth of each human being.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_53 53. You feel less certain about the intrinsic worth of each human being.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_54   
   
Reminder of Instructions: This questionnaire assess any persisting effects that you consider due to the experiences during your first psychedelic experience and your contemplation of those experiences. Using for comparison your status before your first psychedelic experience, please evaluate your present condition.    
  
 54. You now experience increased tolerance for religious diversity.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_55 55. You now experience decreased tolerance for religious diversity.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_56   
   
56. You are now less certain that some form of consciousness continues after death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_57 57. You are now certain that some form of consciousness continues after death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_58   
   
58. You now are less steady and centered in the presence of death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)

PEQ\_Spiritual\_59 59. You now are more steady and centered in the presence of death.

none; not at all (0)

so slight cannot decide (1)

slight (2)

moderate (3)

strong (4)

extreme (more than ever before in your life) (5)